Outline for Research Paper

**I.** Introduction

What is diabetes and how does it affect the human body?

**A**. Background- Statistically, what nationalities and age groups get this disease?

**B**. Thesis Statement **Diabetes is a disease in which a person's body is incapable of regulating the amount of sugar in their blood; this can cause damage to the kidneys (kidney failure), nerves (causes foot wounds and ulcers), eyes (blindness), and blood vessels.**

**II**. Statistics about diabetes (**First subtopic**)

**A**. What percentage of the U.S citizens develop diabetes? (First Point)

**1.** Reasons we develop diabetes such as unhealthy diet, not enough exercise, etc.(supporting evidence)

**2.** What is the number one cause of diabetes? (supporting evidence)

**B.** What nationalities and age groups are more susceptible to the disease? (Second Point)

**1.** What can we do to prevent diabetes from spreading? (supporting evidence)

**2.** What are the three main types of diabetes? (Supporting evidence)

**III**. Type I Diabetes (**Second subtopic**)

**A**. Define Type I diabetes. What ages commonly get Type I diabetes? (First Point)

**1.** Explain the causes and effects of Type I diabetes. (supporting evidence)

**2.** list both symptoms and signs of having type I diabetes (supporting evidence)

**B.** Treatments for Type I diabetes (diets, insulin, etc.)

**1.** Explain the many risks that accompany diabetes (supporting evidence)

**2.** Life expectancy for Type I Diabetes **(**supporting evidence)

**IV**. Type II Diabetes (**Third subtopic**)

**A**. Define Type II diabetes. What ages commonly get Type I diabetes? (First Point)

**1.** Explain the causes and effects of Type II diabetes. (supporting evidence)

**2.** list both symptoms and signs of having type II diabetes (supporting evidence)

**B.** Treatments for Type II diabetes (diets, insulin, etc.)Second Point)

**1.** Explain the many risks that accompany diabetes supporting evidence)

**2**. Life expectancy for Type II Diabetes supporting evidence)

**V**. Gestational Diabetes (**Fourth subtopic**)

**A.** Define Gestational Diabetes . How do women develop gestational diabetes while pregnant? (First Point)

**1.** Explain the causes and effects of gestational diabetes has on the fetus and mother.(supporting evidence)

**2.** list both symptoms and signs of having type I diabetes supporting evidence)

**B.** Gestational Diabetes (frequent checkups, medicine, etc.) (Second Point)

**1.** Explain the many risks that accompany gestational diabetes for both the mother and fetus (during and after birth) (supporting evidence)

**2**. Life expectancy for gestational diabetes (mother and fetus…before and after birth-birth defects, miscarriage, etc.) (supporting evidence)

**VI.** Conclusion: A restatement of the main points of your paper.

 Restate my thesis. Give informational background on ways to prevent diabetes from occurring in your family or you